

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2021 Sample Calendar

10:00 Fitness Class-AR
 11:00 Falls Prevention-AR
 12:15pm Scrabble-AR
 1:00pm Wheel of Fortune-L
 2:00pm Bingo-AR
 3:00pm Bible Study-CH
 3pm Social Tea-AR
 4pm Trivia-AR
 6:00pm Euchre Club-SS

1 9:30 Smart Fit-AR
10:30 Catholic Service-CH
 10:00 Lower Body Strength-AR
 10:30 Gentle Stretching-AR
 12:30pm Hot Wax- PH
 12:15 Coloring-AR/2pm Cards
1:45pm EGLINTON SQ.
 2:00pm Gospel Fellowship CH
 3pm Social Tea/4pm Trivia-AR

3 9:30 Body Balance-AR
 10:00 Gentle Stretching-AR
 12:30pm Hand Therapy-PH
1:45 MOVIE MATINEE
2:00pm SHUTTLE BUS
 3:00pm Social Tea-AR
 4:00pm Trivia-AR

4
 2pm Bingo-AR
 3pm Social Tea-AR
 4pm Resident Directed Trivia-AR

5
11:00 Sunday Worship
 2pm Bingo -AR
 3pm Social Tea - AR
 4pm Resident Directed Trivia

6 10:00 Fitness Class-AR
 11:00 Falls Prevention-AR
 12:15 pm Art/Painting-AR
1:45pm FIT MINDS-PH
 2:00 pm Mah-Jong-SS
 3:00pm Social Tea-AR
 4:00 pm Trivia-AR

7 9:30 Smart Fit-AR
 10:00 Upper Body Strength-AR
 10:30 Gentle Stretching-AR
 12:30pm Hot Wax-PH
 12:15pm Crafts-AR
1:45pm JAVA MUSIC-DR
 3pm Social Tea-AR
 4pm Trivia-AR

8 10:00 Fitness Class-AR
 11:00 Falls Prevention-AR
 12:15pm Scrabble-AR
1:45pm ARMCHAIR TRAVEL
 2:00pm Bingo-AR
 3:00pm Bible Study-CH
 3pm Social Tea/4pm Trivia-AR
7:00 PUB NITE with the FUN STRUMMERS-L

9 9:30 Smart Fit-AR
10:00 Anglican Service-CH
 10:00 Lower Body Strength-AR
 10:30 Gentle Stretching-AR
 12:30pm Hot Wax PH
 12:15pm Adult Coloring-AR
 2:00pm Gospel Fellowship-CH
 2:00pm Cards-SS
 3pm Social Tea /4pm Trivia-AR

10 9:30 Body Balance-AR
 10:00 Gentle Stretching-AR
 12:30pm Hand Therapy-PH
1:45 MOVIE MATINEE-AR
2:00pm CLIFFCREST
 3:00pm Social Tea-AR
 4:00pm Trivia-AR

11
 2pm Bingo-AR
3:15pm MOTHER'S DAY TEA -AR
 4pm Resident Directed Trivia-AR

Cinco de Mayo

Ramadan



12
 2pm Bingo -AR
 3pm Social Tea-AR

Mother's Day

13 10:00 Fitness Class-AR
10:15 BIRCHMOUNT CI STUDENTS PERFORM- L
 11:00 Falls Prevention-AR
 12:15 pm Art/Painting-AR
1:45pm JAVA MUSIC-DR
 2:00 pm Mah-Jong-SS
 3:00 Social Tea-AR
 4:00 Trivia-AR

14 9:30 Smart Fit-AR
 10:00 Upper Body Strength-AR
 10:30 Gentle Stretching-AR
 12:30pm Hot Wax-PH
 12:15pm Crafts-AR
2:00pm BERNICE GOPIN PERFORMS-L
 3pm Social Tea-AR
 4pm Trivia-AR

15 10:00 Fitness Class-AR
 11:00 Falls Prevention-AR
 12:15pm Scrabble-AR
 1:00pm Wheel of Fortune-AR
 2:00pm Bingo-AR
 3:00pm Bible Study-CH
 3pm Social Tea-AR
 4pm Trivia-AR
 6:00pm Euchre Club-SS

16 9:30 Smart Fit-AR
 10:00 Lower Body Strength-AR
 10:30 Gentle Stretching-AR
 12:30pm Hot Wax PH
 12:15 Coloring-AR/2pm Cards
1:45pm WALMART
 2:00pm Gospel Fellowship CH
 3pm Social Tea/ 4pm Trivia-AR

17 9:30 Body Balance-AR
9:30 AJAX CASINO Lunch at Gateway Restaurant
 10:00 Gentle Stretching-AR
 12:30pm Hand Therapy-PH
1:45 MOVIE MATINEE-AR
 3:00pm Social Tea-AR
 4:00pm Trivia-AR

Armed Forces Day

18
 2pm Bingo-AR
 3:00pm Social tea-AR
 4pm Resident Directed Trivia-AR

19
11:00 Sunday Worship
 2pm Bingo-AR
 3pm Social Tea-AR
 4pm Resident Directed Trivia- AR



20
 2:00pm Bingo-AR
 3:00 Social Tea

Victoria Day (Canada)

21 9:30 Smart Fit-AR
 10:00 Upper Body Strength-AR
 10:30 Gentle Stretching-AR
 12:30pm Hot Wax-PH
 12:15pm Crafts-AR
2:00pm FRAN TASTIC SINGS FOR YOU-L
 3pm Social Tea-AR
 4pm Trivia-AR

22 10:00 Fitness Class-AR
 11:00 Falls Prevention-AR
 12:15pm Scrabble-AR
1:45pm ARMCHAIR TRAVEL
 2:00pm Bingo-AR
 3:00pm Bible Study-AR
 3pm Social Tea-AR
 4pm TriviaAR
 6:00pm Euchre Club-SS

23 9:30 Smart Fit-AR
 10:00 Lower Body Strength-AR
 10:30 Gentle Stretching-AR
 12:30pm Hot Wax PH
 12:15 Coloring-AR./2pm cards
9:30 RIPLEY'S AQUARIUM
 2:00pm Gospel Fellowship CH
 3pm Social Tea/4pm Trivia-AR

24 9:30 Body Balance-AR
 10:00 Gentle Stretching-AR
 12:30pm Hand Therapy-PH
1:45 MOVIE MATINEE-AR
2:00pm SHUTTLE BUS
 3:00pm Social Tea-AR
 4:00pm Trivia-AR

25
2pm David Wildsmith Entertains-L
 2:30 Tea Social-AR
 3:00pm Bingo-AR
 4pm Resident Directed Trivia-AR

26
11:00 Sunday Worship
 2pm Bingo-AR
 3pm Social Tea-AR
 4pm Resident Directed Trivia-AR

27 10:00 Fitness Class-AR
 11:00 Falls Prevention-AR
 12:15 pm Art/Painting-AR
1:45pm FIT MINDS-PH
 2:00 pm Mah-Jong-SS
 3:00pm Social Tea-AR
 4:00 pm Trivia-AR

Memorial Day

28 9:30 Smart Fit-AR
 10:00 Upper Body Strength-AR
 10:30 Gentle Stretching-AR
 12:30pm Hot Wax-PH
 12:15pm Crafts-AR
3:00pm TOWN HALL-L
 3pm Social Tea-AR
 4pm Trivia-AR

29 10:00 Fitness Class-AR
 11:00 Falls Prevention-AR
 12:15pm Scrabble-AR
 1:00pm Wheel of Fortune-L
 2:00pm Bingo-AR
 3:00pm Bible Study-CH
 3pm Social Tea-AR
 4pm Trivia-AR
 6:00pm Euchre Club-SS

30 9:30 Smart Fit-AR
 10:00 Lower Body Strength-AR
10:00 Tim Horton's
 10:30 Gentle Stretching-AR
 12:30pm Hot Wax PH
 12:15 Coloring-AR 2pm Cards
2:00pm BIRTHDAY/Paula-L
 2:00pm Gospel Fellowship CH
 3pm Social Tea/4pm Trivia-AR

31 9:30 Body Balance-AR
 10:00 Gentle Stretching-AR
 12:30pm Hand Therapy-PH
1:45 MOVIE MATINEE-AR
2:00pm SHUTTLE BUS
 3:00pm Social Tea-AR
 4:00pm Trivia-AR

Programs subject to change
All changes will be Posted on the board outside the dining room

AR – Activity room CH – Chapel L – Lounge PH – Physio Room SS – Sit & Sip area by upper coffee station.

**Birthdays
of the Month**

Elli H. May 1st
 Carolyn S. May 5th
 Robert G. May 15th
 Alice B. May 16th
 Jean N. May 22nd
 Rita W. May 24th
 George L. May 24th
 Mable D. May 31st
 Joan W.-G. May 31st

May 8th – 7:00pm



**LIVE ENTERTAINMENT!
 FEATURING
 THE
 FUN STRUMMERS**

May Outings

Thursday, May 2nd 1:45pm
 Eglinton Sq.

Friday, May 3rd 2:00pm
 Shuttle Bus

Friday, May 10th 2:00pm
 Cliffcrest Plaza

Thursday, May 16th 1:45pm
 WalMart

Friday, May 17th 9:30am
 Ajax Casino and lunch
 At Gateway Restaurant

Thursday, May 23rd 9:30am
 Ripley's Aquarium

Friday, May 24th 2:00pm
 Shuttle Bus

Thursday, May 30th 10:00am
 Tim Horton's

Friday, May 31st 2:00pm
 Shuttle

**THURSDAY
 MAY 2ND
 Jewellery Sales
 With Maribeth
 In the Lobby**



10:00am to 3:00pm



May Events

May 2nd 10-3pm
 Maribeth Jewellery
 Sales in the lounge

May 8th 7-8pm
 Pub Night with the
 Fun Strummers

May 11th 3:15pm
 Mother's Day Tea

**May 12th Happy Mother's
 Day**

May 14th 2:00pm
 Bernice Gopin
 Entertains

**May 20th Happy Queen
 Victoria Day**

May 21st 2:00pm
 Fran-Tastic Sings

May 23rd 9:30am Outing
 Ripley's Aquarium

May 25th 2:00pm
 David Wildsmith
 Entertains

Please note time change
 for Social Tea & Bingo

May 24th Ajax Casino

May 28th 3:00pm Town Hall
 Meeting

May 30th Resident Birthday
 Party with Paula

**MAY 2019 CALENDAR
 Retirement Suites By The Lake
 2121 Kingston Rd., Toronto On., M1N 1T5
 416 267-2121**



Wonderful Mother
 God made a wonderful mother,
 A mother who never grows old;
 He made her smile of the sunshine,
 And He molded her heart of pure gold;
 In her eyes He placed bright shining stars,
 In her cheeks fair roses you see;
 God made a wonderful mother,
 And He gave that dear mother to me.
 (Pat O'Reilly)

And Grandma's too...
 While we honor all our mothers
 with words of love and praise.
 While we tell about their goodness
 and their kind and loving ways.
 We should also think of Grandma,
 she's a mother too, you see....
 For she mothered my dear mother
 as my mother mothers me.
 Author Unknown