

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
 <p><b>AUGUST 2022</b></p>	9:30 Falls prevention exe. <b>1</b> 10:30- Falls prevention exe. 10:00am- Crafts & Games <b>AR</b> <b>2pm Movie The Age of Adaline</b> 3pm Euchre /3pm Social Tea 4pm Resident Directed Trivia <b>CIVIC HOLIDAY</b> <b>Happy Birthday MURIEL B</b>	10:30 High Level Exercise 11:30 & 12.30 Seated Yoga <b>2</b> 1:30 Dancercise with Pooja 10AM Scrabble & crafts <b>AR</b> <b>10:30 WALK TO THE ROSETTA MCCLAIN PARK</b> <b>2pm Movie Miss Congeniality</b> 2-3.30 Book Club <b>Lib</b> 3pm Social Tea/3pm Euchre <b>SS</b> 4pm Resident Directed Trivia	9:30 High Level Exercise <b>3</b> 10:30 & 11:30 Seated Yoga 10:00am- Crafts & games with Barb <b>AR</b> <b>2pm Bingo</b> 3pm Euchre/3pm Social Tea 4pm Resident Directed Trivia	9:30 Falls Prevention Exe. <b>4</b> 10:30 Falls Prevention Exe. <b>2PM ESTHER AND RUDY 2BI PERFORMS</b> 2pm Mahjong with Margaret 3pm Social Tea /3pm Euchre 4pm Resident Directed Trivia	9:30 High Level Exercise <b>5</b> 10:30 - Seated Yoga <b>2:30-4PM ICE CREAM TRUCK</b> 3pm Euchre /3pm Social Tea 4pm Resident Directed Trivia <b>7pm Bridge Club</b> Subject to Change	2pm BINGO <b>6</b> 3PM SOCIAL TEA 3PM ARMCHAIR TRAVEL • <b>BALI.</b> 4PM RESIDENT DIRECTED TRIVIA <b>Root Beer Float Day</b> <b>HAPPY BIRTHDAY GLENDA B</b>	
2-4PM Sunday Matinee <b>AR</b> <b>Don't Blame Karma!</b> 3pm Social Tea/4pm Trivia 4pm Resident Directed Trivia <b>HAPPY BIRTHDAY MERLE MC</b>	9:30 Falls prevention exe. <b>8</b> 10:30 - Falls prevention exe. 10:00am- Crafts & Games <b>AR</b> <b>2pm Movie Riverdale</b> 3pm Euchre / 3pm Social Tea 4pm Resident Directed Trivia <b>1:45 WALMART</b>	10:30 High Level Exercise <b>9</b> 11:30 & 12.30 Seated Yoga 1:30 Dancercise with Pooja 10AM Scrabble & crafts - Barb <b>2pm BONE HEALTH PRESENTATION (lobby)</b> 2-3.30 Book Club <b>Lib.</b> 3pm Social Tea/3pm Euchre 4pm Resident Directed Trivia	9:30 High Level Exercise <b>10</b> 10:30 & 11:30 Seated Yoga 10:00am - Crafts & games <b>2pm Bingo</b> /3pm Euchre <b>SS</b> 3pm Social Tea 4pm Resident Directed Trivia	9:30 Falls Prevention Exe. <b>11</b> 10:30 Falls Prevention Exe. <b>2PM BERNICE GOPON ENTERTAINS</b> 2pm Mahjong with Margaret 3pm Social Tea /3pm Euchre 4pm Resident Directed Trivia	9:30 High Level Exercise <b>12</b> 10:30 - Seated Yoga <b>10:30 WALK TO THE PARK</b> <b>2PM MOVIE Heartsong</b> 3pm Euchre /3pm Social Tea 4pm Resident Directed Trivia <b>7pm Bridge Club</b> Subject to Change	2pm BINGO <b>13</b> 3PM SOCIAL TEA 3PM ARMCHAIR TRAVEL • <b>LISBON.</b> 4PM RESIDENT DIRECTED TRIVIA	
2-4PM Sunday Matinee <b>AR</b> <b>The Musical</b> 3pm Social Tea/4pm Trivia 4pm Resident Directed Trivia <b>HAPPY BIRTHDAY KATHIE V</b>	9:30 Falls prevention exe. <b>15</b> 10:30 - Falls prevention exe. 10:00am- Crafts & Games <b>2pm Movie WYATT EARP</b> <b>3pm Euchre /3pm Social Tea</b> 4pm Resident Directed Trivia <b>1:45 EGLINTON SQ</b>	10:30 High Level Exercise <b>16</b> 11:30 & 12.30 Seated Yoga 1:30 Dancercise with Pooja 10AM Scrabble & crafts - Barb 2-3.30 BOOK CLUB <b>LB</b> <b>2pm LIANNE HARRIS PRESENTS Steeped in History Tea Party</b> 3pm Euchre 4pm Resident Directed Trivia <b>HAPPY BIRTHDAY NORMA B</b>	9:30 High Level Exercise <b>17</b> 10:30 & 11:30 Seated Yoga 10:00am- Crafts & games with Barb <b>AR</b> <b>2pm Bingo</b> 3pm Euchre <b>SS</b> 3pm Social Tea 4pm Resident Directed Trivia	9:30 Falls Prevention Exe. <b>18</b> 10:30 Falls Prevention Exe. <b>10am FIT SMILE DENTAL</b> <b>2PM MOVIE THE HARDER THEY FALL</b> 2pm Mahjong with Margaret 3pm Social Tea /3pm Euchre 4pm Resident Directed Trivia	9:30 High Level Exercise <b>19</b> 10:30 - Seated Yoga <b>2PM YO VANDERKLEY ENTERTAINS</b> 3pm Euchre /3pm Social Tea 4pm Resident Directed Trivia <b>7pm Bridge Club</b> Subject to Change	2pm BINGO <b>20</b> 3PM SOCIAL TEA 3PM ARMCHAIR TRAVEL • <b>BORA BORA.</b> 4PM RESIDENT DIRECTED TRIVIA	
2-4PM Sunday Matinee <b>AR</b> <b>APPALOOSA</b> 3pm Social Tea/4pm Trivia 4pm Resident Directed Trivia <b>Senior Citizens Day</b>	9:30 - Falls prevention exe. <b>22</b> 10:30 - Falls prevention exe. 10:00am- Crafts & Games <b>AR</b> <b>2pm Movie SILVERADO</b> <b>3pm Euchre / 3pm Social Tea</b> 4pm Resident Directed Trivia <b>1:45 CEDARBRAE MALL</b>	10:30 High Level Exercise <b>23</b> 11:30 & 12.30 Seated Yoga 1:30 Dance with Pooja <b>AR</b> <b>11-3 Triple Eight Clothing LB</b> 10AM Scrabble & crafts - Barb 2-3.30 Book Club <b>Lib</b> <b>2pm Movie "Jerry Maguire"</b> 3pm Social Tea/3pm Euchre 4pm Resident Directed Trivia	9:30 High Level Exercise <b>24</b> 10:30 & 11:30 Seated Yoga 10:00am- Crafts & games with Barb <b>AR</b> <b>2pm Bingo</b> 3pm Euchre/3pm Social Tea 4pm Resident Directed Trivia	9:30 Falls Prevention Exe. <b>25</b> 10:30 Falls Prevention Exe. <b>2PM TONY THE ENTERTAINER HAWAIIAN THEME BIRTHDAY PARTY</b> 2pm Mahjong with Margaret 3pm Social Tea /3pm Euchre 4pm Resident Directed Trivia	9:30 High Level Exercise <b>26</b> 10:30 - Seated Yoga <b>2PM FIT MINDS</b> 3pm Euchre /3pm Social Tea 4pm Resident Directed Trivia <b>7pm Bridge Club</b> Subject to Change <b>Women's Equality Day</b>	2pm BINGO <b>27</b> 3PM SOCIAL TEA 3PM ARMCHAIR TRAVEL • <b>FIJI.</b> 4PM RESIDENT DIRECTED TRIVIA <b>HAPPY BIRTHDAY BARBARA T</b>	
2-4PM Sunday Matinee <b>AR</b> <b>A Walk to Remember</b> 3pm Social Tea/4pm Trivia 4pm Resident Directed Trivia	9:30 - Falls prevention exe. <b>29</b> 10:30 - Falls prevention exercise 10:00am- Crafts & Games <b>2pm Movie Always Be My Maybe. AR</b> 3pm Euchre /3pm Social Tea 4pm Resident Directed Trivia <b>1:45 CLIFFCREST PLZ</b>	10:30 High Level Exercise <b>30</b> 11:30 & 12.30 Seated Yoga 1:30 Dancercise with Pooja 10AM Scrabble & crafts - Barb 2-3.30 Book Club <b>Lb</b> <b>2pm Movie I'll See You in My Dreams.</b> 3pm Social Tea/3pm Euchre 4pm Resident Directed Trivia	9:30 High Level Exercise <b>31</b> 10:30 & 11:30 Seated Yoga 10:00am- Crafts & games with Barb <b>AR</b> <b>2pm Bingo</b> 3pm Euchre/3pm Social Tea 4pm Resident Directed Trivia	<p><b>August</b>, a word that means "inspiring reverence or admiration," is the name of the eighth month of the year in our <b>Gregorian calendar</b>. It's the sixth month of the ancient Roman calendar used by the Roman kingdom and republic. Back then, the month of August was known as <i>Sextilis</i>, Latin for "sixth month." In 8 BCE, the month was named in honor of Augustus Caesar, the first Roman emperor.</p>			

ALL ENTERTAINMENT WILL TAKE PLACE ON THE PATIO- WEATHER PERMITTING LB=LOBBY LIB=LIBRARY SS= SIT AND SIP CAFE AR=ACTIVITY ROOM