

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

# September 2023

## HELLO FALL

<p>2PM Sunday Matinee <b>3</b> Love Again 3pm Social Tea 4pm Resident Directed Trivia in The Activity Room</p>	<p>2pm <b>MOVIE</b> Call the Midwife 3pm Euchre 4pm <i>Resident Dire</i> Trivia</p> <p style="text-align: center;"><small>Labor Day</small></p>	<p>9:30 <i>Group Exercise</i> 10:30 <i>Play Dough Hand Therapy</i> 11:30 <i>Individual Exercise</i> 1.45 Mahjong with Margaret 2pm <i>Sing along With Patrick</i> 3pm <i>Euchre</i> 4pm <i>Res. Directed Trivia</i> <b>Cheese Pizza Day</b></p>	<p>9:30 High Level Exercise 10:30 - Meditation 11:30 Seated Yoga 2pm <b>Bingo</b> 3pm Euchre 3PM Social Tea 4pm Res. Directed Trivia Read a Book Day</p>	<p>9:30 Falls Prevention Exe. <b>7</b> <b>11 - 4 BEDDING AND MORE VENDOR</b> 2PM <i>MOVIE STEEL MAGNOLIAS</i> 3PM <i>SOCIAL TEA</i> 3pm Euchre 4pm Resident Dir Trivia National Salami Day</p>	<p>10.30 <b>Stay Sharp Fit Minds</b> 2pm <b>LIFE MARK PHYSIO PRESENTATION</b> 3PM EUCHRE 4PM Res. Directed Trivia <b>6:40PM BRIDGE CLUB</b> International Literacy Day</p>	<p>9:30 Pump it Up/High Level Exe <b>2</b> 10:30 <i>Play Dough Hand Therapy</i> 11:30- Meditation 12:30 YOGA 2pm <b>BINGO</b>/3pm Social Tea 4pm Res. Directed Trivia <b>HAPPY BIRTHDAY RODNEY R</b> <b>HAPPY BIRTHDAY MARGARET R</b></p>
<p>2PM Sunday Matinee <b>10</b> <b>Rosa Peral's Tapes</b> 3pm Social Tea 4pm Resident Directed Trivia in The Activity Room</p> <p style="text-align: center;"><small>Grandparent's Day</small></p>	<p>9:30 Fall prevention Exer <b>11</b> <b>1:45 EGLINTON SQ</b> <b>2PM MOVIE</b> Spy Ops (Season 1) 3pm Euchre 4pm Res. Directed Trivia No News is Good News Day</p>	<p>9:30 <i>Group Exercise</i> 10:30 <i>Play Dough Hand Therapy</i> 11:30 <i>Individual Exercise</i> <b>11am Service in the chapel with Rev. MacDonald</b> 2pm <i>Movie</i> The Wolf of Wall Street 1.45 Mahjong with Margaret 3pm <i>Euchre</i>/4pm <i>Trivia</i> Chocolate Milk Shake Day</p>	<p>9:30 High Level Exercise <b>13</b> 10:30 - Meditation 11:30 Seated Yoga 2pm <b>Bingo</b> 3pm Euchre 3PM Social Tea 4pm Res. Directed Trivia Positive Thinking Day</p>	<p>9:30 Falls Prevent Exe. <b>14</b> 2pm <b>ENTERTAINMENT BY MINVIRL</b> 3pm Euchre 4pm Res. Directed Trivia National Cream-Filled Donut Day</p>	<p>10.30 <b>Stay Sharp Fit Minds</b> 2pm <b>Osteoporosis Canada Presents</b> BONE HEALTH EDUCATION 3PM EUCHRE 3PM <i>SOCIAL TEA</i> 4PM Resident Trivia <b>6:40PM BRIDGE CLUB</b> Make a Hat Day <small>Yah Begins</small></p>	<p>9:30 Pump it Up/High Level Exe <b>16</b> 10:30 <i>Play Dough Hand Therapy</i> 11:30- Meditation 12:30 SEATED YOGA 2pm <b>BINGO</b> 3PM <i>SOCIAL TEA</i> 4pm Res. Directed Trivia National Play Doh Day <small>Oktoberfest Begins</small></p>
<p>2PM Sunday Matinee <b>17</b> <b>My Big Fat Greek Wedding</b> 3pm Social Tea 4pm Resident Directed National Women's Friendship Day <b>HAPPY BIRTHDAY DOROTHY B</b></p>	<p>9:30 Fall prevention Exer <b>18</b> <b>1:45 WALMART</b> <b>2PM Surviving Summer</b> 3pm Euchre 4pm Res. Directed Trivia National Cheeseburger Day</p>	<p>9:30 <i>Group Exercise</i> 10:30 <i>Play Dough Hand Therapy</i> 11:30 <i>Individual Exercise</i> 1.45 Mahjong with Margaret 2pm Men's Group AR 3pm <i>Tea</i>/3pm <i>Euchre</i> 4pm <i>Res. Directed Trivia</i> <b>HAPPY BIRTHDAY DR. MIKE M</b> <b>HAPPY BIRTHDAY SHEELAGH P</b></p>	<p>9:30 High Level Exercise <b>20</b> 10:30 - Meditation 11:30 Seated Yoga 2pm <b>Bingo</b> 3pm Euchre 3PM Social Tea 4pm Res. Directed Trivia</p>	<p>9:30 Fall Prevent Exercise <b>21</b> <b>11:am Church Service Rev. David High Field Gospel</b> <b>2PM LIANNE HARRIS PRESENTS</b> 3pm Euchre 3pm Social Tea 4pm Res. Directed Trivia</p>	<p>10:30 - <b>Stay Sharp Fit Minds</b> 2pm <b>Accordion Band</b> 3PM <i>SOCIAL TEA</i> 3pm Euchre 4pm Resident Trivia <b>6:40pm Bridge Club</b></p>	<p>9:30 Pump it Up/High Level Exe <b>23</b> 10:30 <i>Play Dough Hand Therapy</i> 11:30- Meditation 12:30 SEATED YOGA 2pm <b>BINGO</b> 3PM <i>SOCIAL TEA</i> 4pm Res. Directed Trivia <small>Autumn Begins</small></p>
<p>2PM Sunday Matinee <b>24</b> Surviving Summer 3pm Social Tea 4pm Resident Directed Trivia in The Activity Room</p> <p style="text-align: center;"><small>Yom Kippur Begins</small></p>	<p>9:30 Fall prevention Exer <b>25</b> 9:15am- Crafts &amp; Games <b>1:45 CLIFFCREST</b> 2pm <b>MOVIE Ordinary People</b> 3pm Euchre 4pm Resident Dire Trivia</p>	<p>9:30 <i>Group Exercise</i> 10:30 <i>Play Dough Hand Therapy</i> 11:30 <i>Individual Exercise</i> 1.45 Mahjong with Margaret 2PM <b>MOVIE MATILDA</b> 3pm Social Tea 3pm <i>Euchre</i> 4pm <i>Res. Directed Trivia</i></p>	<p>9:30 High Level Exercise <b>27</b> 10:30 - Meditation 11:30 Seated Yoga 2pm <b>Bingo</b> 3pm Euchre 3PM Social Tea 4pm Res. Directed Trivia</p>	<p>9:30 Falls Prevention Exe. <b>28</b> <b>2pm RESIDENT TOWN HALL MEETING</b> 3pm Euchre 4pm Res. Trivia</p>	<p>10:30 - <b>Stay Sharp Fit Minds</b> 3PM Social Tea <b>2pm HAPPY BIRTHDAY AUGUST BABIES with Tony</b> <i>SOCIAL TEA</i> 3pm Euchre 4pm Resident Trivia <small>Sukkot Begins</small></p>	<p>9:30 Pump it Up/High Level Exe <b>30</b> RSBL Open House 10:00 AM - 2:00 PM 10:30 <i>Play Dough Hand Therapy</i> 11:30- Meditation /12:30 Yoga <b>1PM Bill Black performing.</b> 2pm <b>BINGO</b>/3pm Social Tea 4pm Res. Directed Trivia</p>

Type the name, address, and other information about your community/company here.